



Tinnitus Retrain
Learning to Listen Beyond Tinnitus

TINNITUS RETRAINING THERAPY

Are you sick of tinnitus RUINING your life?

I was too. That's why I created the Tinnitus Retrain System—a holistic, all natural, safe, video assisted, self-habituation system for Tinnitus eradication. Restore your hearing, restore the peace, and restore your balance. And best of all? Keep that intense and annoying ringing and buzzing at bay for good.

Why it Works?

Tinnitus is a multi-faceted condition, which straddles the physical, psychological and emotional realm. That is why it cannot be approached with a "one quick fix" mentality. By taking a completely subjective view of Tinnitus we can divide it into three categories; how an individual develops tinnitus in the first place, how an individual responds to tinnitus and how that individual lives with Tinnitus.

As mentioned in the article *Learning to Listen* I hate to use the word cure when it comes to tinnitus I think it's misleading and somewhat cruel. Cure tends to conjure up an image of a magic pill or an elixir. Where one day you have tinnitus, the next day, just like magic it's vanished! Hate to burst the bubble, but this is mostly an unrealistic misconception for long-term tinnitus sufferers. However do not despair, there is a solution, it's called **Tinnitus**

Retraining Therapy a cognitive based habituation process that can have a profound effect on the perception of your troubling tinnitus.

So, you might be thinking, "What's the catch?" Well here it is. Our **Tinnitus Retraining Therapy** method takes a certain amount of commitment and willpower on your behalf. The program will guide you, but the rest is up to you. The question is, are you ready? Have you had enough?

DON'T BURY YOUR HEAD IN THE SAND AND HOPE FOR THE BEST WHEN IT COMES TO YOUR TINNITUS



The Tinnitus Retrain System Difference

There are no drugs, no pills, no extreme fasts, no detoxes, no herbs, no masking devices or anything of an extreme nature associated with this program. By locating and

addressing the true source of your discomfort, you join a very elite few who have managed to treat their Tinnitus by **breaking the habitual pattern of their suffering**. Once you have mastered this, there is no going back—for you have essentially rewired your system.

Our TRS **Tinnitus Retraining Therapy**:

- Is the only video assisted program of its kind on the market
- Facilitates learning skills
- Creates peace of mind
- Does not rely on audio therapies
- Does not rely on psychiatric treatments
- Does not require risky, painful surgeries
- Does not use drugs, herbs, diets, detoxes, fasts, masking devices
- Works on all types of Tinnitus
- Is 100% safe and easy to adopt

Banish Tinnitus Permanently with this alternative Tinnitus Retraining Therapy

People who depend on medication or complicated therapies for relief tend to fall back into Tinnitus despair. They are dependent upon external factors to treat something that originates from within. When treating Tinnitus in any way that does not take into consideration the body's emotional relationship with the noise, you create a fragile situation—one that is set up to eventually fail. Repairing weaknesses, strengthening and balancing the system and covering all the bases to assure you a Tinnitus free future. We've covered the bases, now it's up to you to hit that home run.

As the saying goes, healthy body, healthy mind. This program really does take into consideration the whole organism, from connective tissues and the circulatory system to the power of your thoughts. The Tinnitus Retrain System focuses on 7 powerful processes that must be taken

into consideration and worked upon for complete health and eventual Tinnitus eradication. It is all natural, safe, practical and most importantly—effective. Once you embark on the Tinnitus Retrain journey, you'll realize exactly what you've been missing. There is no other **Tinnitus Retraining Therapy** system online quite like this one. It's comprehensive, intelligent and beneficial in more ways than just one to your overall mental and physical health.

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